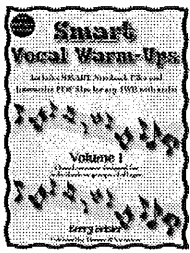


Vocal Warmups and Energizers

Winnipeg Workshop - Aug. 2014



07 Hah Hah Hah

08 May I Go?

09 Dwee ah Babaloo

06 Yah Yoh Mee

10 Lizzie Lizzie

11 Energy

Let's get started up. Stand with your feet shoulder width apart. Stand tall and proud. Bounce with your right pickle and repeat the words "Energy, Energy!"

Right Pinky	Energy - Energy
Add left pinky	Energy - Energy
Add right hand	Energy - Energy
Add left hand	Energy - Energy
Add right arm	Energy - Energy
Add left arm	Energy - Energy
Add right leg	Energy - Energy
Add left leg	Energy - Energy
Body	Energy - Energy
Sound like a friend!	Energy - Energy

14 Teh Tah

I Love to Sing - G, C' G E C up by 1/2 step

Lip trills - C-G-C up by 1/2 step

7 Es - Eyes, Ears, Effort, Energy, Expression, Extra Big Breath, Exceptionally Open Mouth

Posture: 2, 4, 6, 8 Everybody sit up straight. Put your feet on the floor. Sit ahead a little more.

Name Games: Beat, beat, feel the beat. Say your name, then take your seat.

My name is _____. Your name is _____. OR My name is _____. My name is _____.

Body Percussion Name Game With the group standing in a circle, have the participants each choose a body percussion (pat, clap, snap, pat) or action for every syllable of their name. Example: Elvis has 2 syllables, so he does a hip shake with "el" and snaps his fingers for "vis". Once Elvis has done his action while saying his name, the whole group repeats. After the 2nd person does his/her name, the whole group repeats, then does Elvis's again. And so on 'til everyone's done it.

Concentration - Actions Songs Vol. 3

Traditional / D.G.

MOVERS AND SHAKERS Ham and Eggs - Action Songs Vol. 2

Traditional

We Love to Sing - Action Songs Vol. 2

Traditional, adapted by D.G.

Al - le - lu, al - le lu, al - le - lu, al - le - lu - ia, We love to sing! Al - le -
 lu, al - le - lu, al - le - lu, al - le - lu - ia, We love to sing!
 We love to sing! Al - le - lu - ia. We love to sing! Al - le - lu - ia.
 We love to sing! Al - le - lu - ia. We love to sing!

Easy Movement Rounds Little Tommy Tinker - Action Songs Vol. 3, Musicplay 5

Traditional

1. Lit - tle Tom - my Tin - ker sat up - on a clink - er. He be - gan to cry.
 2. Ma! Ma! Poor lit - tle in - no - cent guy.
 3. Ma! Ma! Poor lit - tle in - no - cent guy.
 4. Ma! Ma! Poor lit - tle in - no - cent guy.

Scotland's Burning - Musicplay 4

Traditional

1. Scot - land's burn - ing, Scot - land's burn - ing, Look out, look out.
 2. Scot - land's burn - ing, Scot - land's burn - ing, Look out, look out.
 3. Fire, fire, fire, fire, Pour on wa - ter, pour on wa - ter!
 4. Fire, fire, fire, fire, Pour on wa - ter, pour on wa - ter!

Donkey's Love Carrots - Musicplay 3

traditional

1. Don - keys love to munch on car - rots. Car - rots don't like that at all.
 2. Don - keys love to munch on car - rots. Car - rots don't like that at all.
 3. Hee - haw! Hee - haw! Lis - ten to the don - key's call.
 4. Hee - haw! Hee - haw! Lis - ten to the don - key's call.

A Pizza Hut - Action Songs Vol. 2

Camp Song

1. A Piz - za Hut, a Piz - za Hut, a Ken - tuck - y Fried Chick - en and a Piz - za Hut. A
 2. Piz - za Hut, a Piz - za Hut, a Ken - tuck - y Fried Chick - en and a Piz - za Hut. Mc -
 Don - ald's, Mc - Don - ald's, a Ken - tuck - y Fried Chick - en and a Piz - za Hut. Mc -
 Don - ald's, Mc - Don - ald's, a Ken - tuck - y Fried Chick - en and a Piz - za Hut!